

N.O.T.I.C.E. Handout

The acronym N.O.T.I.C.E. has key behaviors to look for when boundaries are violated/challenged. These behaviors never reflect the reverence and respect of being made in God's divine image. Below is a brief explanation/ example of each behavior. On the back of the handout answer the questions and list additional examples and situations.

N - Nontransparent (Secrets, secluded meetings and private conversations)

- *What do you do if someone is asking you to keep your interactions or relationship a secret?*
- *What if an adult asks to meet with you alone in a room with the door closed?*
- *What would your parents or trusted adult say about a secret interaction/relationship?*

O - Over involvement (Involvement in a youth's life not consistent with their role or relationship)

- *What do you do when someone in authority treats you like a friend or in a way that makes you uncomfortable?*
- *Someone in their twenties shows romantic interest in you. You may have noticed that they have more power, status and resources than you. What do you do?*
- *What is meant by someone being overly involved in a youth's life?*

T - Telltale behaviors (excessive physical, emotional interactions and resource (gifts, trips, etc.)

- *What is the difference between a compliment and flattery?*
- *How do you know when physical contact is excessive?*
- *How do you know if something is freely given or if there are expectations attached?*

I - Inappropriate behaviors (Interactions are not consistent with the relationship/role)

- *What type of personal attention makes you uncomfortable?*
- *What do you think of an adult who dresses and acts like a teen?*
- *Can an authority (ex. teacher, coach, youth minister, priest) or another adult ever be your peer? If yes, why?*
- *What is the difference between being a 'friend' and being 'friendly'? Which is appropriate for a relationship between adults and teens? Why?*

C - Chips away at safeguards (Challenges or pressures a youth to break rules)

- *Why do your parents or trusted adults have rules in place?*
- *Is someone thinking about his/her needs or yours if they pressure you to break the rules?*
- *Why would someone want you to believe that he/she is the ONLY one who understands you?*

E - Engages youth in inappropriate adult behaviors/conversations (Face to face or electronically)

- *What do you say to someone who wants you to look at a pornographic website?*
- *What if you receive midnight texts from an adult leader (ex. coach, teacher)? Should you tell someone? If so, why? If not, why?*
- *What if a young adult invites you to a party? You get there and they offer you a beer. What do you do?*